



GREAT NECK NEWSLETTER

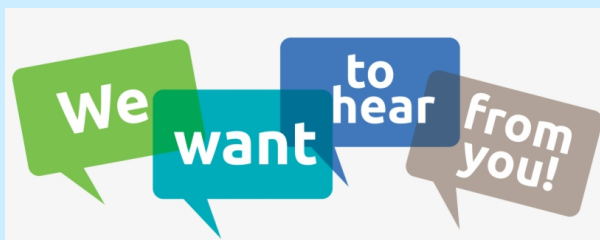
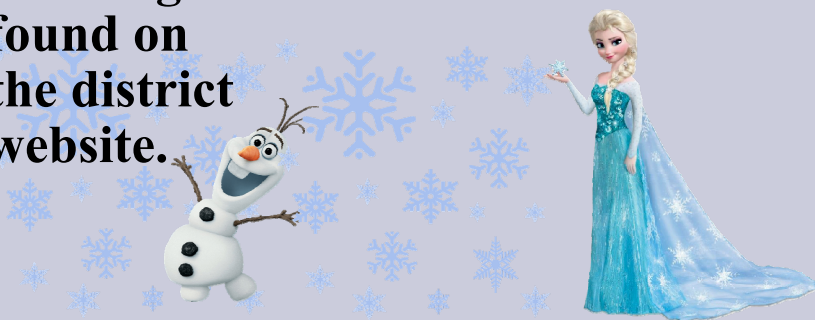
February 2, 2024

UPCOMING EVENTS & ACTIVITIES

February 4	Family Ice Skating	
February 7	PTA Meeting– GN Library	5:30pm
February 23	GN Pasta Dinner & Basket Raffle @ Community Center	5-8pm
February 28	Dine to Donate– Nana's Byreck	12-9pm

Get a glimpse of what's going on inside the school by clicking [here](#)

Winter is here and with it comes fun New England weather! To stay up to date on school closings, delays or early dismissals due to inclement weather, please be sure that we have current phone and email information for you. School closings, delays and dismissals are announced via telephone call or email using School Messenger or can be found on the district website.



Dear Parents/Guardians:

If there is an educational topic that you would like more information about, please let us know! We're happy to include more information about educational topics in our newsletters.

As a parent, we want to share in our children's lives and know what goes on during their day. We want to know that they are happy and safe at school and that they can talk to us if they need to.

Here are some great questions to ask them when they return from their busy days.

- Which story did your teacher read to the class today?
 - What was your favorite part of the story? Why?
 - What are you looking forward to at school tomorrow? Why?
 - What has been your most favorite activity this week?
 - What was your favorite part of your day?
 - Did you get frustrated with anything at school today?
 - How did you get through it?
 - Were you able to finish all of your work today?
 - Who did you sit by during lunch? What did you all talk about?
 - How was the weather during lunchtime?
 - Who did you play with today?
 - What made you smile today?

GREAT NECK FITNESS TEST

HOW TO BE THE BEST YOU CAN BE!

Fitness Testing occurs once a year for students in grades 3-12 all over the country. There are 4 different methods of testing that calculate a student and a school's fitness levels through various exercises. Muscular strength, muscular endurance, flexibility and cardiovascular endurance are all measured during fitness testing. Throughout the year we practice all 4 areas of testing through different games, exercises and warm up activities. However, a 45 minute class once (and sometimes twice) a week is not enough! We need help from parents and guardians to show the importance of practice outside of school! Practice before bed, after school and/or on the weekends to help improve our schools overall fitness!

MUSCULAR STRENGTH

Otherwise known as our "Push-Up Test", this is Great Neck's biggest area of need. Push-ups are difficult for all ages, especially if you do not practice often. The test is given through a 3 second "cadence" that goes "Down...up...down...up" at which time students are performing push ups. Students must have a flat back during the test, and go down to 90 degrees and back up. Start with 1 or 2 push-ups a night, then gradually increase over time!

MUSCULAR ENDURANCE

Our "Curl-Up Test" follows the same cadence as our push up test. Students lay flat on their back with their legs bent and feet FLAT on the floor. Feet CANNOT lift off of the floor when performing curl ups. Student hands lay flat on the floor and on the "up" cadence students raise their bodies up and slide their hands 4 inches across the floor. On the "down" cadence, students lay all the way back down, making sure to put their heads back on the floor.

FLEXIBILITY

Generally Great Neck's highest scoring test, the "Sit and Reach Test" measures the flexibility of students in each leg. Students sit on the floor with shoes off, and one leg at a time measure how far they can reach on a "Sit and Reach Test box". No need to build or buy a box for practice at home, just simply take a couple minutes each night to practice stretching both legs. It is a great way to cool down your body before going to bed!

CARDIOVASCULAR ENDURANCE

The "Pacer Test" measures a student's cardiovascular endurance, simply put, how long they can run without stopping. The test follows a "beeping cadence" where students must run from one line to another, before the "beep" occurs. Over time the test will increase speed, forcing students to run faster with less time to rest. This is our HARDEST test and it is important to remember running is difficult. Try to be active as much as possible, and run/jog/walk when weather and time allows.

Scoring For Fitness Testing:

Our goal each year is to be in the “Healthy Fitness Zone” for each test. At Great Neck we follow the 15-Meter Pacer test. Each test varies depending on the age of the student at the time of testing. Take a moment to look over scores with your GN student and understand how to prepare for the upcoming testing!

Standards for Health-Related Fitness Zones

I = Needs Improvement Zone (does not meet health-related standard)

F = Health Fitness Zone (meets health-related standard)

H = High Fitness Performance Zone (exceeds health-related standard)

Boys

Age	20-meter PACER			15-Meter PACER			One-Mile Run/Walk			Sit-and-Reach			90° Push-Ups			Curl-Ups		
Zone	I	F	H	I	F	H	I	F	H	I	F	H	I	F	H	I	F	H
8	0-22*	23-61*	>61*	0-29*	30-80*	>80*	>12:30*	12:30-10:00*	<10:00*	0-7	8		0-4	5-13	>13	0-5	6-20	>20
9	0-22*	23-61*	>61*	0-29*	30-80*	>80*	>12:00*	12:00-9:30*	<9:30*	0-7	8		0-5	6-15	>15	0-8	9-24	>24
10	0-22	23-61	>61	0-29	30-80	>80	>11:30	11:30-9:00	<9:00	0-7	8		0-6	7-20	>20	0-11	12-24	>24
11	0-22	23-72	>72	0-29	30-94	>94	>11:00	11:00-8:30	<8:30	0-7	8		0-7	8-20	>20	0-14	15-28	>28
12	0-31	32-72	>72	0-41	42-94	>94	>10:30	10:30-8:00	<8:00	0-7	8		0-9	10-20	>20	0-17	18-36	>36
13	0-40	41-83	>83	0-53	54-108	>108	>10:00	10:00-7:30	<7:30	0-7	8		0-11	12-25	>25	0-20	21-40	>40
14	0-40	41-83	>83	0-53	54-108	>108	>9:30	9:30-7:00	<7:00	0-7	8		0-13	14-30	>30	0-23	24-45	>45
15	0-50	51-94	>94	0-66	67-123	>123	>9:00	9:00-7:00	<7:00	0-7	8		0-15	16-35	>35	0-23	24-47	>47
16	0-60	61-94	>94	0-79	80-123	>123	>8:30	8:30-7:00	<7:00	0-7	8		0-17	18-35	>35	0-23	24-47	>47
17	0-60	61-106	>106	0-79	80-138	>138	>8:30	8:30-7:00	<7:00	0-7	8		0-17	18-35	>35	0-23	24-47	>47
17+	0-71	72-106	>106	0-93	94-138	>138	>8:30	8:30-7:00	<7:00	0-7	8		0-17	18-35	>35	0-23	24-47	>47

Girls

Age	20-meter PACER			15-Meter PACER			One-Mile Run/Walk			Sit-and-Reach			90° Push-Ups			Curl-Ups		
Zone	I	F	H	I	F	H	I	F	H	I	F	H	I	F	H	I	F	H
8	0-6*	7-41*	>41*	0-8	9-54*	>54*	>12:30*	12:30-10:00*	<10:00*	0-8	9		0-4	5-13	>13	0-5	6-20	>20
9	0-6*	7-41*	>41*	0-8	9-54*	>54*	>12:30*	12:30-9:30*	<9:30*	0-8	9		0-5	6-15	>15	0-8	9-22	>22
10	0-6	7-41	>41	0-8	9-54	>54	>12:30	12:30-9:30	<9:30	0-8	9		0-6	7-15	>15	0-11	12-26	>26
11	0-14	15-41	>41	0-18	19-54	>54	>12:00	12:00-9:00	<9:00	0-9	10		0-6	7-15	>15	0-14	15-29	>29
12	0-14	15-41	>41	0-18	19-54	>54	>12:00	12:00-9:00	<9:00	0-9	10		0-6	7-15	>15	0-17	18-32	>32
13	0-22	23-51	>51	0-29	30-67	>67	>11:30	11:30-9:00	<9:00	0-9	10		0-6	7-15	>15	0-17	18-32	>32
14	0-22	23-51	>51	0-29	30-67	>67	>11:00	11:00-8:30	<8:30	0-9	10		0-6	7-15	>15	0-17	18-32	>32
15	0-31	32-51	>51	0-41	42-67	>67	>10:30	10:30-8:00	<8:00	0-11	12		0-6	7-15	>15	0-17	18-35	>35
16	0-31	32-61	>61	0-41	42-80	>80	>10:00	10:00-8:00	<8:00	0-11	12		0-6	7-15	>15	0-17	18-35	>35
17	0-40	41-61	>61	0-53	54-80	>80	>10:00	10:00-8:00	<8:00	0-11	12		0-6	7-15	>15	0-17	18-35	>35
17+	0-40	41-72	>72	0-53	54-94	>94	>10:00	10:00-8:00	<8:00	0-11	12		0-6	7-15	>15	0-17	18-35	>35

WPS Preschool Services Information

Posted on 01/03/2024



The Waterford Public Schools' Preschool Program is accepting Lottery Entrance Forms for General Education students for the 2024-2025 school year.

The Waterford Public Schools' Preschool Program is open to a limited number of General Education Students who will serve as Peer Role Models. Peer role models are selected through a third party lottery system. If families are interested in being placed in the lottery, a [Lottery Entrance Form](#) is required. Parents/guardians of General Education students are asked to fill out the [Lottery Entrance](#) Form by Friday, February 9, 2024. Only families with completed Lottery Entrance Forms will be included in the lottery. Families of General Education students will be notified by March 1, 2024 if they have a slot next year in the Waterford Public Schools' Preschool Program.

 [Lottery Entrance Form](#)

Please note that students must be three or four years old on or before September 1, 2024 to be eligible for the Preschool Program for the 2024-2025 school year. Students who are five years old on or before September 1, 2024 will be eligible for kindergarten at one of our three elementary schools for the 2024-2025 school year.

Preschool information can be found at https://www.waterfordschools.org/parents_family/information/District_Preschool_Services.



BREAKFAST

Breakfast includes: 2 oz. of Grain/1 cup of fruit/8 oz. milk

FEBRUARY 2024

WATERFORD SCHOOLS K-8

One daily Breakfast at **no charge**
to all students
this 2023-24 school year!

Monday

Tuesday

Wednesday

Thursday

Friday

Please visit www.myschoolbucks.com to add funds to your child's account.

Choice of:

French Toast Sticks
Or WG Muffin or Cereal
Craisins Milk
100% Fruit Juice

Choice of:

Cinni- Oatmeal Breakfast Round
Or WG Muffin or Cereal
Applesauce Milk
100% Fruit Juice

Choice of:

Early Riser Egg hash brown
Or WG Muffin or Cereal
Fresh Fruit Milk
100% Fruit Juice

Choice of:

Warm Maple waffle
Or WG Muffin or Cereal
Banana Milk
100% Fruit Juice

Choice of:

Egg & Cheese Breakfast Sandwich
Or WG Muffin or Cereal
100% Fruit Juice
Fresh Fruit Milk

Choice of:

Early Riser Egg hash brown
Or WG Muffin or Cereal
Fresh Orange Milk
100% Fruit Juice

Choice of:

Sweet Potato Roll
Or WG Muffin or Cereal
Banana Milk
100% Fruit Juice

Choice of:

Mini WG bagels
with strawberry cream cheese
Or WG Muffin or Cereal
Strawberry Cup Milk
100% Fruit Juice

Choice of:

Egg & Cheese Breakfast Sandwich
Or WG Muffin or Cereal
Fresh Fruit Milk
100% Fruit Juice

Choice of:

WG Goody Ring
Or WG Muffin or Cereal
Fresh Fruit Milk
100% Fruit Juice

SCHOOL HOLIDAY
NO SCHOOL

SCHOOL HOLIDAY
NO SCHOOL

Choice of:

Egg & Cheese Breakfast Sandwich
Or WG Muffin or Cereal
100% Fruit Juice
Fresh Fruit Milk

Choice of:

Cinni- Oatmeal Breakfast Round
Or WG Muffin or Cereal
100% Fruit Juice
Applesauce Milk

National Banana Bread Day!

Choice of:
Warm Banana Bread
Or WG Muffin or Cereal
Apple Milk
100% Fruit Juice

Choice of:

Egg & Cheese Breakfast Sandwich
Or WG Muffin or Cereal
100% Fruit Juice
Fresh Fruit Milk

National Strawberry Day!

Choice of: Mini bagels
with strawberry cream Cheese
Or WG Muffin or Cereal
Strawberry Cup Milk
100% Fruit Juice

National Pancake Day!

Choice of:
Confetti pancakes
Or WG Muffin or Cereal
100% Fruit Juice
Apple slices Milk

Choice of:

Early Riser Egg hash brown
Or WG Muffin or Cereal
100% Fruit Juice
Fresh Fruit Milk

LUNCH PRICES

Elementary \$3.25
CLMS \$3.50
WHS \$3.75

*Second Meal=\$4.25 - Adult Meal \$5.00

LUNCH

FEBRUARY 2024 LUNCH K-12

Monday

Tuesday

Wednesday

Thursday

Friday

Please visit
www.myschoolbucks.com to add
funds to your child's account.

For the 23-24 school year, stu-
dents qualified for **Reduced sta-
tus** will receive one lunch at no
cost per day

Crispy Chicken Sandwich
on a WG Roll
Seasoned Potato Wedges
Cucumber slices with Ranch
Fresh Apple Milk

Beef Nachos
With Cheddar Cheese sauce
Black Beans Golden Corn
Orange Smiles
Corn Muffin Milk

Italian Combo
Breaded Baked Ravioli
Baked Mozzarella Sticks
Marinara Sauce Green Beans
Warm Italian Breadstick
Diced pears Milk

Mozzarella Sticks
Marinara Sauce Cup
Warm Italian Bread stick
Steamed Broccoli
Diced pears Milk

National Tator Tot day!
Chicken Drumsticks
Dippin' Sauce
Potato Tots Golden Corn
Applesauce Milk

Chinese New Year!
Yang's Orange Chicken (K-5)
General Taos's Chicken (6-12)
Vegetable Fried Rice
Broccoli & Carrots Orange smiles
Fortune cookie Milk

International Italian Food day!
Penne' Pasta with meat sauce
Steamed Green Beans
Warm Dinner Roll
Diced Peaches Milk

Valentine's Day!
Heart shaped chicken
Nuggets with dippin' sauce "Hug"
"Smile" Fries garlic "love" knot
Steamed "sweet" peas Milk
"Be Mine" 100% fruit juice sidekick

Soft Beef & Cheese Tacos
Brown Rice
Steamed Broccoli & Carrots
Diced Peaches
Baked WG Biscuit Milk

National Pizza Day!
Cheese Pizza Slice
Baby carrots Ranch Cup
Cucumber wheels
Apple slices Milk

School Holiday
No School

School Holiday
No School

Crispy Chicken tenders
Choice of Dippin' Sauce
Potato Wedges
Green Peas Dinner Roll
Applesauce Milk

Turkey & Cheese Grinder
Oven Baked Fries
Cucumber slices/Ranch cup
100% fruit juice Sidekick
Milk

Cheese Pizza square
Spinach & Chic pea Salad
with Italian Dressing
WG Cookie
Fresh Apple Milk

Meatless Monday!
Pizza Bites with marinara sauce
Baby Carrots Cucumber Wheels
Ranch Dressing
Apple slices Milk

Beef & Cheese Tacos
Brown Rice Salsa
Fiesta Beans
Mini Corn Muffin
Dragon Punch Milk

National Pancake Day!
Pancakes Syrup cup
Sausage Links
Potato Puffs
Mango Juice Milk

Chicken Alfredo Twist
Steamed Broccoli
Diced Carrots
Warm Bread Stick
Orange Smiles Milk

All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are whole grain (WG), all other grains are enriched

A VARIETY OF FRESH FRUITS & VEGETABLES OFFERED DAILY "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

Alternate Choice Yogurt Meal AVAILABLE Daily or Alternate Salad meal offered when available (See kitchen manager)

Yogurt Meal =Yogurt, Mozzarella string cheese, baby carrots, raisins, goldfish crackers, dinner roll, milk

Salad Meal=Garden salad with egg, cheese stick garlic knot, fruit choice, milk

Allergy Warning: Menu items may contain or come in contact with wheat, eggs, soy, nuts, and milk

*Menus are subject to change

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

August 2023

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	FD	31	

(2 day - 2 cumulative)

- 8/28 - ± Staff Convocation
- 8/29 - * PD - No School - PK-12
- 8/30 - First Day of School

September 2023

Mon	Tue	Wed	Thu	Fri
				1
SH	5	6	7	8
11	12	13	14	15
18	19	20	21	22
SH	26	27	28	29

(19 days - 21 cumulative)

- 9/4 - School Holiday (Schools Closed)
- 9/25 - School Holiday (Schools Closed)

October 2023

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
SH	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

(21 days - 42 cumulative)

- 10/9 - School Holiday (Schools Closed)

November 2023

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	PD	8	9	SH
13	14	15	16	17
20	21	School Holiday		
27	28	29	30	

(17 days - 59 cumulative)

- 11/7 - * PD No School for Students- PK-12
- 11/10 - School Holiday (Schools Closed for Students), P/T Conferences
- 11/22 - 11/24 - School Holiday (Schools Closed)

December 2023

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
School Holiday				

(16 days - 75 cumulative)

- 12/22 - Early Dismissal PK-12
- 12/25 - 12/29 - School Holiday (Schools Closed)

January 2024

Mon	Tue	Wed	Thu	Fri
SH	2	3	4	5
8	9	10	11	12
SH	16	17	18	19
22	23	24	25	26
29	30	31		

(21 days - 96 cumulative)

- 1/1 - School Holiday (Schools Closed)
- 1/15 - School Holiday (Schools Closed)
- 1/18-1/23 - ** Midterm Exams: Early Dismissal 9-12

February 2024

Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
SH	21	22	23	
26	27	28	29	

(19 days - 115 cumulative)

- 2/19-2/20 - School Holiday (Schools Closed)

March 2024

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	PT	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	SH

(20 days - 135 cumulative)

- ** 3/7 - P/T Conferences: Early Dismissal PK-12
- 3/29 - School Holiday (Schools Closed)

April 2024

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
School Holiday				
15	16	17	18	19
22	23	24	25	26
29	PD			

(16 days - 151 cumulative)

- 4/8 - 4/12 - School Holiday (Schools Closed)
- 4/30 - * PD No School for Students - PK-12

May 2024

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
SH	28	29	30	31

(22 days - 173 cumulative)

- 5/27 - School Holiday (Schools Closed)

June 2024

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	LD	13	14
17	18	19	20	21
24	25	26	27	28

(8 days - 181 cumulative)

- 6/6 - 6/11 - ** Final Exams: Early Dismissal 9-12
- 6/11 - ** Early Dismissal PK-12
- 6/12 - Last Day of School Early Dismissal PK-12



NOTE: Snow days will be added onto the school year as needed.

BOE Approved: December 8, 2022
Revised: June 22, 2023

± Staff Convocation is for all staff of the Waterford Public Schools
* Professional Development is for Administrators, Teachers, Paraprofessionals 8 AM-3 PM
** Full day for Paraprofessionals

2023-24 Elementary Letter Rotation Schedule

August 2023				
Mon	Tue	Wed	Thu	Fri
		30 A	31 B	

September 2023				
Mon	Tue	Wed	Thu	Fri
				1 C
	5 D	6 A	7 B	8 C
11 D	12 A	13 B	14 C	15 D
18 A	19 B	20 C	21 D	22 A
	26 B	27 C	28 D	29 A

October 2023				
Mon	Tue	Wed	Thu	Fri
2 B	3 C	4 D	5 A	6 B
	10 C	11 D	12 A	13 B
16 C	17 D	18 A	19 B	20 C
23 D	24 A	25 B	26 C	27 D
30 A	31 B			

November 2023				
Mon	Tue	Wed	Thu	Fri
		1 C	2 D	3 A
6 B		8 C	9 D	
13 A	14 B	15 C	16 D	17 A
20 B	21 C			
27 D	28 A	29 B	30 C	

December 2023				
Mon	Tue	Wed	Thu	Fri
				1 D
4 A	5 B	6 C	7 D	8 A
11 B	12 C	13 D	14 A	15 B
18 C	19 D	20 A	21 B	22 C*

January 2024				
Mon	Tue	Wed	Thu	Fri
	2 D	3 A	4 B	5 C
8 D	9 A	10 B	11 C	12 D
	16 A	17 B	18 C	19 D
22 A	23 B	24 C	25 D	26 A
29 B	30 C	31 D		

February 2024				
Mon	Tue	Wed	Thu	Fri
			1 A	2 B
5 C	6 D	7 A	8 B	9 C
12 D	13 A	14 B	15 C	16 D
		21 A	22 B	23 C
26 D	27 A	28 B	29 C	

March 2024				
Mon	Tue	Wed	Thu	Fri
				1 D
4 A	5 B	6 C	7 D*	8 A
11 B	12 C	13 D	14 A	15 B
18 C	19 D	20 A	21 B	22 C
25 D	26 A	27 B	28 C	

April 2024				
Mon	Tue	Wed	Thu	Fri
1 D		3 A	4 B	5 C
15 D	16 A	17 B	18 C	19 D
22 A	23 B	24 C	25 D	26 A
29 B	30 C			

May 2024				
Mon	Tue	Wed	Thu	Fri
		1 D	2 A	3 B
6 C	7 D	8 A	9 B	10 C
13 D	14 A	15 B	16 C	17 D
20 A	21 B	22 C	23 D	24 A
	28 B	29 C	30 D	31 A

June 2024				
Mon	Tue	Wed	Thu	Fri
3 B	4 C	5 D	6 A	7 B
10 C	11 D*	12 A*		



■ No School
* Early Dismissal
Updated 12/20/2023



IMPORTANT REMINDER

Drop-off times at Great Neck Elementary School for **all students** in grades PK-5 are between **8:25 and 8:35 a.m.** Please do not arrive more than 5 minutes early and please DO NOT drop your students off and leave them outside the door without adult supervision. Great Neck Staff come out for arrival to greet and assist students at 8:25 a.m. **Please remain in your vehicle with your child/children** until Great Neck Staff come outside to begin the arrival process. Student safety is important and we want to ensure all students are always supervised.

Dismissal time for Walkers is 3:05 p.m. Students do not come outside to be unified with their parent/guardian/family member until 3:05 p.m. Please do not arrive too early. Recently we have noticed multiple cars arriving before 2:30 p.m. This results in traffic back-ups on Goshen Road. Please do your best to arrive at dismissal time, which is 3:05 p.m. If you need to arrive early, please park in the overflow lot until it is time to pull into the lot. Thank you for your cooperation.

Lastly, **DO NOT under any circumstances** pull into the bus lane during arrival and/or dismissal times. There should not be any vehicles other than school transportation vehicles in the bus lane between 8:15 a.m. and 8:40 a.m. AND between 3:00 p.m. and 4:00 p.m.

We appreciate everyone's willingness to work together to make our arrival and dismissal processes as safe and smooth as possible. For those of you that have other adults picking up your children, please share this important information with them. Thank you.

EVERYONE WINS AT GREAT NECK'S

SOUP-ER BOWL



MONDAY 2/5 - FRIDAY 2/9



**WHO DO YOU THINK WILL WIN
THE BIG GAME ON SUNDAY?**

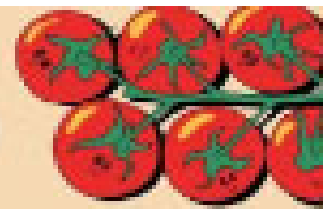


VS



**BRING IN A CANNED GOOD OR
NON-PERISHABLE ITEM AND FILL
YOUR TEAM'S BIN**

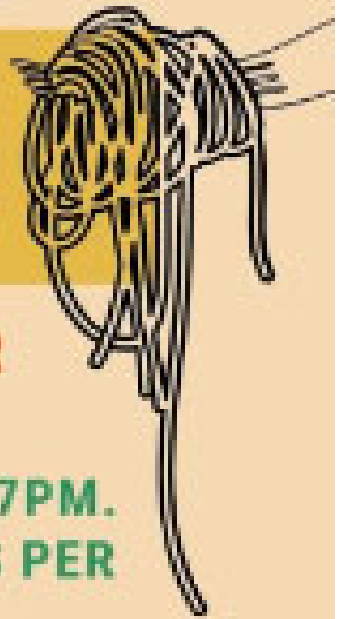
ALL DONATIONS TO BENEFIT WATERFORD FOOD PANTRY



JOIN US FOR GREAT NECK'S

PASTA DINNER & BASKET RAFFLE

Friday, February 23rd
from 5pm-8pm



WATERFORD COMMUNITY CENTER
24 ROPE FERRY ROAD

THERE WILL BE 3 SEATINGS. 5PM, 6PM & 7PM.
THERE ARE A LIMITED NUMBER OF SEATS PER
SECTION. FIRST COME FIRST SERVED.
DINNER WILL BE SERVED BY OUR VERY OWN 5TH
GRADE STUDENTS!

ADULTS: \$12 - KIDS (3-12): \$8 - UNDER 3: FREE

TO PURCHASE TICKETS GO TO:
[HTTPS://GREAT-NECK-PTA.SQUARE.SITE/](https://great-neck-pta.square.site/)

PASTA - SALAD - BREAD - DESSERT



Questions? Contact Chelsey Roberts 860-287-1230 or
Jamie Riebschlager 860-910-8765

*Dine to Donate Fundraiser for
Great Neck Elementary School PTA*



WEDNESDAY, FEBRUARY 28TH, 2024

12 PM - 9 PM

316 BOSTON POST RD, WATERFORD

860.437.3030

VISIT NANA'S BYREK ON FEBRUARY 28TH AND A PORTION OF THE PROCEEDS WILL BE DONATED TO THE PTA AT GREAT NECK ELEMENTARY SCHOOL TO PROVIDE EXTRA RESOURCES FOR THE STUDENTS. TAKE OUT ORDERS RECOMMENDED. LIMITED SEATING AVAILABLE. DELIVERY EXCLUDED.



Great Neck Elementary School Yearbook Sales

We are so excited to announce that Great Neck will have its first WHOLE SCHOOL yearbook this year.

The yearbook will include picture day photos, candid shots, and highlights from school-wide events.

This full-color soft cover yearbook is available for \$20.

Yearbooks are now available for purchase online through our yearbook provider, Entourage. Please use the link below to place your order today!

https://link.entourageyearbooks.com/YBStore/YearbookStoreMain.asp?yearbook_id=78055

You don't want to miss out on this great keepsake.

Email: gnfifthgrade@gmail.com with any questions

**NOTE: FIFTH GRADE STUDENTS WILL RECEIVE THE
YEARBOOK AS THEIR END OF YEAR GIFT.
5th GRADE PARENTS, DO NOT ORDER A YEARBOOK!**

Homework Club



Starting February 1

**Every Thursday from
4:00 - 6:00 pm**



**Open to all elementary and
middle school students,
no registration required**

**Tutoring provided by Waterford High School
Honor Society students on a first come, first
serve basis. Parents and caregivers must
remain at the library while their child is
participating.**



860-444-5805
49 Rope Ferry Road
Waterford, CT

www.waterfordpubliclibrary.org

 **WATERFORD**
public library

Youth Winter Reading Challenge

Our Youth Winter Reading Challenge runs until February 26. Pick up a sheet for your age group in the Children's Room or print from our website. For ages birth to 18.

Saturday, February 3, 9:00AM – 5:00PM

Take Your Child to the Library Day

Celebrate Take Your Child to the Library Day with us! Kick off the morning with a musical performance from local favorite Steve Elci at 10:30 am then at 2:30 pm we will have a Character Party where we celebrate some of our favorite picture book characters. There will be crafts and activities all day in the Children's Room. All ages are welcome, no registration required. In the event of inclement weather, Take Your Child to the Library Day will be moved to Saturday, February 10.


Bilingual Storytimes: In English & Spanish

Join Ms. Emy for two sessions where we will sing songs and read books in both English & Spanish.

Tuesday, February 6, 5:30PM - 6:30PM

Bilingual Pajama Storytime

Feel free to dress comfy and bring your favorite stuffed animal and a blanket!



Saturday, February 24, 10:30AM - 11:30AM

Bilingual Family Storytime

Recommended for ages birth - five but all families are welcome to join. No registration required.

Thank you to the Community Foundation of Eastern Connecticut for providing funding for these programs.

Thursdays, February 1, 8, 15, 22 & 29, 4:00PM - 6:00PM

Homework Club


Need some extra assistance completing your homework after school? Stop by the library between 4:00 and 6:00 pm for our weekly Homework Club, run by tutors from the Waterford High School Honor Society. Students in elementary and middle school are welcome, no registration required. Please note, tutors are available on a first come first serve basis. Parents and caregivers must remain at the library while their child is participating.

Monday, February 26, 4:30PM - 5:30PM

Junior Detectives Book Club

If you're a fan of solving cases, this book club is the perfect place to share your passion for the genre. Bring your favorite mystery book to life with fellow Investigators - you choose the book! We will also make a fun craft. Recommended for ages 9 to 12 years old, registration is required.



Mondays, February 5, 12 & 26, 10:30AM - 11:00AM

Family Storytime

Get ready to read and get your wiggles out! Join Ms. Jenna at the library for some fun stories, songs, and dancing. Recommended for ages birth to five years old with a caregiver. No registration is required.

Saturday, February 24, 2:30PM - 3:30PM

Harriet Tubman: A Woman with a Railroad

Join us for an interesting and interactive afternoon of learning with a live performance of Harriet Tubman: A Woman with a Railroad by New London's own Adwoa Bandele-Asante. This program is free and open to all. This program is generously funded by CT Humanities.



DROP IN CRAFTS

Monday, February 5, 4:00PM - 6:30PM

Drop In STEM Adventure: STEM Station

Join us in the Children's Room between 4:00 and 6:30 pm to explore various STEM kits, that were donated by the local Girl Scouts. Recommended for ages 5 and up, no registration required.

Monday, February 12, 4:00PM - 6:30PM

Drop in Craft: Bouquet of Hearts Card

Join us in the Children's Room anytime between 4:00 and 6:30 pm to make a heart bouquet card for your family or friends. Recommended for ages 5 and up, no registration required.



Tuesday February 27, 4:00PM - 6:00PM

Build Club



Stop by the Children's Room anytime between 4:00 and 6:00 pm to build with a variety of STEM sets that we

have! Recommended for ages 4 and older, no registration required.

Tuesday, February 20, 2:00PM - 6:00PM

Boardgame Bonanza

Stop by the library meeting room anytime between 2:00 and 6:00 pm to play one of our many board games! All ages are welcome, no registration required.



Wednesday, February 28, 5:30PM - 6:30PM

Chess Club

Join us for our monthly Chess Club! Students from Waterford High School will be teaching basic chess skills as well as offering a space for more advanced students to practice against one another. Ages 6 and up, no registration required.

GRAB & GO CRAFTS



Heart Friend
Feb 3 to Feb 16



Dinosaur
Feb 17 to Mar 1

Pick up supplies in the Children's Room to make Grab & Go crafts at home, while supplies last.

Step-by-step video tutorial on our Facebook page
([@waterfordpubliclibrary](https://www.facebook.com/waterfordpubliclibrary)).

TEEN CORNER

Thursday, February 1, 5:30PM - 7:00PM

Teen Craft Night

At this craft night participants will be learning how to knit an ear-warmer using only their fingers! Ages 11-18. Registration required.



Thursday, February 15, 5:30PM - 7:00PM

Teen Drop In Craft: Scratch Art Cards



Stop into the Teen Area of the library between 5:30 and 7:00 pm to create a Scratch Art card! Ages 12 -18. No registration required.

READ TO A DOG

Tuesday, February 13, 4:30PM - 5:30PM

Read to Hodges



Saturday, February 10, 10:00AM - 11:00AM

Read to Scout

No registration required, all ages welcome.

Friday, February 2, 11:00AM - 12:00PM

Toddler Craft: Penguin

Join us for a fun crafting session where the little ones will create adorable penguins. For ages 3 to 5 years old, no registration is required.



Friday, February 9, 11:00AM - 11:45AM

Story and Sensory Play

Join Miss Ashlee for a story and then explore multiple sensory stations! Recommended for ages 2 to 5 years old with a caregiver. No registration required.



Wednesday, February 21, 11:00AM - 11:45AM

Toddler Art



This hands on art session is for young ones to explore through process art with the help of their adult. Miss Ashlee will start the session with a short story! For ages 3 to 5 years old, registration is required.

To keep up with all our activities follow us on Facebook and Instagram



@waterfordpubliclibrary



@waterfordlibraryct

Either call the library to register or go to our Calendar of Events page on our website.
www.waterfordpubliclibrary.org 860-444-5805, Adult Ext 2, Youth Services Ext. 3

| Hour of Code 2024

Students at Great Neck School recently participated in the 2023-24 Hour of Code event which was held at each elementary school on various days. This event takes place

every year to honor Computer Science Education Week. It is a global movement introducing tens of millions of students worldwide to computer science, inspiring kids to learn more, breaking stereotypes, and leaving them feeling empowered. This event makes a statement that Waterford is ready to teach essential 21st century skills. We know that whatever field our students choose to go into as adults, their ability to succeed will increasingly depend on understanding how technology works.

Be sure to ask your child what activities they participated in during this event and be sure to check out the Hour of Code site for coding activities to do with your child at home!

Hour of Code Site:

<https://sites.google.com/waterfordschools.org/wps-hour-of-code-2024?usp=sharing>





2024 SPRING BREAK SOCCER CAMP at CONNECTICUT COLLEGE

REGISTER HERE: www.ReubenBurkCoachingCamps.com --or-- mail in this flyer attached with check
April 8-11th, 2024

Boys and Girls Ages 5-15 (roughly)

Monday-Thursday / 9AM - 12pm Noon

CAMP DIRECTORS:

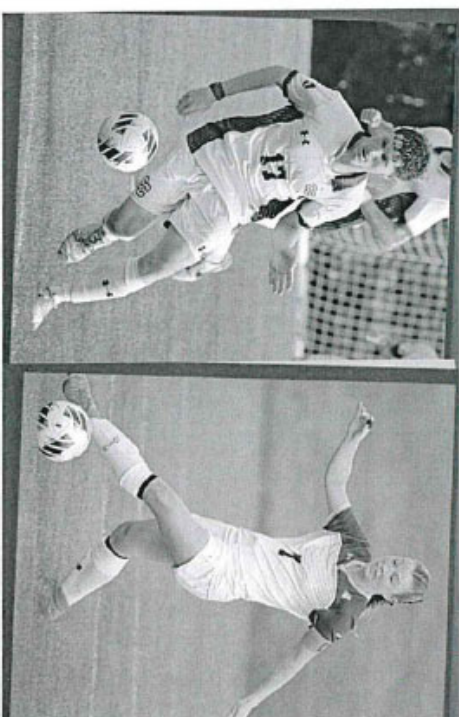
Reuben Burk – Men's Head Coach, Connecticut College

- 2021 NCAA NATIONAL CHAMPIONS
 - 2023, 2021, 2019 & 2018 NCAA Tournaments
- Norm Riker* – Men's Women's Coach, Connecticut College
- 2014 NESCAC CHAMPIONS
 - 2021, 2017 & 2016 NCAA Tournaments

ASSISTANT DIRECTORS:

Andrew Storton – Assistant Coach, Connecticut College Men's Soccer

Mia Santana – Assistant Coach, Connecticut College Women's Soccer



This fun camp is designed to teach and refine campers' skills through small-sided games and technical training. Connecticut College soccer team members will be present to interact with and coach the campers.

Please note, each camper must provide his/her own ball. Each child needs cleats + shinguards too! Please also pack plenty of water + snacks :)

Cost: \$175 (before April 1st), \$200 (after April 1st); \$150 for each additional child - Please pay online (www.ReubenBurkCoachingCamps.com) or alternatively, send checks by mail payable to **REUBEN BURK COACHING LLC**. If paying by check, please mail the check and detached registration form below to:
Reuben Burk, 270 Mohegan Ave, New London, CT 06320 Attn: Men's Soccer Office. For more info please email Reuben Burk at rburk@conncolledu

Name: _____ Gender: _____ Age: _____ Grade: _____ School: _____

Emergency contact: _____ Phone number(s): _____

Email: _____

I, _____, hereby certify that I am the parent or legal guardian of the camper and understand and agree that Connecticut College Soccer Spring Break Camp does not provide medical insurance covering injuries of any nature. The undersigned hereby releases Connecticut College Soccer Spring Break Camp, REUBEN BURK COACHING LLC, its successors, officers, agents, and employees from any and all claims, demands and causes of actions resulting from participation in Connecticut College Soccer Spring Break Camp. I hereby authorize the directors of Connecticut College Soccer Spring Break Camp to act within their best judgment in case of an emergency requiring medical attention. Further, I agree to indemnify, defend and hold harmless Connecticut College from any and all claims, demands and causes of action that arise from any negligent acts, conduct or omissions attributable to the camper's participation in the Connecticut College Soccer Spring Break Camp.

Signature of parent/guardian: _____

Insurance Carrier: _____ Policy number: _____

Waterford Soccer Club

Spring Registration opens - January 1, 2024

Travel League \$100

Born 2010 - 2015
(2009 8th graders)

Rec League \$80

Born 2016 - 2018

Tykes \$60

Born 2019 - 2020

No Assessments for Spring

Travel open: 1/1/24 - 3/15/24

\$30 Late fees start: 3/1/24

Travel closes: 3/15/24

Rec open: 1/1/24 - 4/1/24

\$30 Late fees start: 3/15/24

Rec closes: 4/1/24

Tykes open: 1/1/24 (Never closes)



REGISTER ONLINE AT:

WWW.WATERFORDSOCCER.ORG

QUESTIONS EMAIL: WTFDSOCCERREGISTRAR@YAHOO.COM

SPRING 2024

WATERFORD YOUTH LACROSSE

REGISTER ONLINE NOW!

www.waterforyouthlacrosse.org

Grades K-8

Instructional (K-2): \$30

Equipment available to borrow for the season. No USA Lacrosse Membership or Uniform required.

Travel Teams: \$185 *Includes Uniform*

10U Grades 3-4

12U Grades 5-6

14U Grades 7-8

****NEW Custom & Personalized Uniforms for all Travel Players****

All travel players must have a valid USA Lacrosse Membership

www.usalacrosse.com

REGISTRATION CLOSES ON 2/1

**Grab your stick and
let's dominate the field
in the 2024 season!**



**Recruit a
friend...score a
WYLA gift!**



Follow us
@waterforyouthlacrosse



UCFS Healthcare's School-Based Health Centers and Your School!

The UCFS school-based health centers (SBHC) are a doctor's office inside of your school. The services are provided by an APRN (advanced practice registered nurse)/PA (Physician Assistant) and licensed behavioral health clinician who are experts in adolescent health and are employed by UCFS. The intention of the UCFS SBHC is to supplement the care your child receives at their pediatrician's office.



Services Provided



- Yearly well-child examinations
- Vaccinations
- Sports physicals
- Acute care visits (e.g. sick visits, lacerations, injuries, etc.)
- Chronic care visits (e.g. asthma, ADHD, etc.)
- Mental Health Assessments
- Substance Abuse Screenings
- Counseling (individual, group, and family)

Top 5 Reasons to use the School-Based Health Center

- Convenient same day appointment.
- Removes barriers to care such as lack of transportation.
- Decreases time away from the classroom which improves academic success.
- Improves student's achievement by taking care of behavioral health needs that can make learning difficult.
- Connects students and their families with insurance coverage.

5

Referrals are easy...



- Behavioral Health Referrals can come from students, teachers, counselors, administrators as well as parents/guardians of students.
- Medical visits can be coordinated through the school nurse or directly with our family engagement/medical assistant.
- Working collaboratively with school personnel, families, and local youth services has helped to maximize student support.

To learn More...

School-Based Health Centers are located at Waterford High School and Clark Lane Middle School and are open to all Waterford Public School students.

Scan here to learn about the School-Based Health Center at your school! SBHC line - 860-822-2803



SCAN ME

Your child can get a flu shot at the Waterford Public Schools School-Based Health Center



**Protect your
child from the flu
this season!**

*Your child can receive
their flu vaccine with a
signed enrollment and
flu consent form.*

Did you know?

The CDC recommends a yearly flu vaccine for everyone 6 months of age and older as the first and most important step in protecting against this serious disease.

How do I sign my child up for the flu shot?

In order for your child to receive a flu shot, you must fill out an enrollment form and flu vaccine consent form. Enrollment forms can be found on the UCFS Healthcare's website -

<https://www.ucfs.org/services/school-based-health-centers/>
or by scanning the QR code

**Please call the SBHC Line at 860-822-2803
to schedule an appointment.**

